

CONNECTICUT FOOD BANK

MEMBER OF
FEEDING
AMERICA

CONGREGATION BETH EL'S VOLUNTEER EVENT AT THE CONNECTICUT FOOD BANK



Activity Description: Volunteers from Congregation Beth El will be engaged in building meal kits for our Kids Backpack program, packing boxes of non-perishable food items for seniors or sorting non-perishable food donated through food drives.

Date: Thursday November 8, 2018

Time: 12:30 – 2:30 pm (please arrive within the 30 minute window prior to start of the event if possible).

Location: Connecticut Food Bank- Bridgeport Warehouse, 229 Mountain Grove Street Bridgeport, CT

Attire: Comfortable clothing, closed toe shoes (NO SANDALS), sweater for working in cold temperatures.

Required: 2 signed CFB waivers brought with you on Thursday, November 8, 2018, should be able to stand for 2 hours (chairs available to take a break)

CONGREGATION BETH EL'S R.S.V.P. Contact: Amy Gershberg, Tikun Olam

Email: amy.gershberg@storaenso.com Tel.: 203.918.2264

CFB Contact: Delores Wisdom, Volunteer Coordinator (dwisdom@ctfoodbank.org) Tel.:203-741-9074

PLEASE R.S.V.P TO AMY NO LATER THAN MONDAY THURSDAY, NOVEMBER 1, 2018

About the Connecticut Food Bank (CFB)

The mission of the Connecticut Food Bank is to provide nutritious food to people in need.

We do this by supplying food products and resources to our member agencies, as well as through direct food distribution programs and by promoting public awareness about the problem of hunger in Connecticut. We provide food and resources to a network of community-based food programs, such as soup kitchens, food pantries, shelters, residential programs and day programs serving adults and children in six of Connecticut's eight counties: Fairfield, Litchfield, Middlesex, New Haven, New London and Windham. The Connecticut Food Bank is the largest centralized source of emergency food in Connecticut and last year distributed enough food to provide more than 19.2 million meals.

The Connecticut Food Bank also operates volunteer powered and donor funded programs that provide food aid directly to people in need. These flexible, mobile and measurable programs are often our most impactful and recognized.